VOCABULARY
1. Label each picture with a word from the box.

<table>
<thead>
<tr>
<th>Carbohydrates</th>
<th>Fruit</th>
<th>Proteins</th>
<th>Vegetables</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>b</td>
<td>c</td>
<td>d</td>
</tr>
</tbody>
</table>

- crackers
- meat
- eggs
- cheese
- bread
- potatoes
- orange
- pears
- grapes
- lemon
- strawberry
- mango
- peppers
- mushrooms
- broccoli
- cauliflower
- garlic
- fish
- tofu
- apples
- bananas
- tomatoes
- corn

2. Complete the lists in Exercise 1 with the words from the box.

- fish
- tofu
- apples
- bananas
- tomatoes
- corn

PRONUNCIATION
2.01 Listen and repeat the words. In each group, circle the word with the different vowel sound.

- a meat
- bread
- beans
- c apple
- carrot
- garlic
- b potato
- tomato
- mango
- d pepper
- cheese
- lemon
- c
garlic
- c
- mango
- d
- cheese
- lemon

GRAMMAR
1. Complete the table with foods from the pictures on page 52.

<table>
<thead>
<tr>
<th>Nouns you can count</th>
<th>Nouns you can't count</th>
</tr>
</thead>
<tbody>
<tr>
<td>singular countable</td>
<td>plural countable</td>
</tr>
<tr>
<td>There's an egg</td>
<td>There are some eggs</td>
</tr>
<tr>
<td>There's a potato</td>
<td>There are some</td>
</tr>
<tr>
<td>There's some cheese</td>
<td>There's some cheese</td>
</tr>
</tbody>
</table>

2. Complete the questions and answers about the food pictures on page 52.

- a Are there any mushrooms in picture d? Yes, there are. No, there aren't.
- b Is there any cheese in picture b? Yes, there is. No, there isn’t.
- c __________ there an egg in picture d? ______________
- d __________ there any pasta in picture d? ______________

3. 2.04 Listen and check.

4. Work with a partner. Ask and answer the questions in Exercise 2. Use other food words from page 52.

- Are there any potatoes in picture a? Yes, there are. Is there any rice in picture c? Yes, there is. Are there any pasta in picture e? No, there isn’t.

SPEAKING
1. Write a shopping list with your six favorite items of food from the food pictures on page 52.
2. Guess the items on your partner’s shopping list. Ask questions to check.

- Are there any strawberries? No, there aren’t.
**READING & LISTENING**

1. Work with a partner. Look at the title and discuss the questions.
   a. What is a diet?
   b. Do you think diets work? Why/Why not?

2. Decide which menu you like best.
   - Write a menu for someone on the Vegan Special Diet.
   - Write a menu for someone on the Paleo Diet.

**SPEAKING: ANECDOTE**

1. Listen to Gabriela talking about a great dinner. Underline the correct information.
   a. When did you have the dinner? We had the dinner last weekend / two weeks ago.
   b. Why did you have the dinner? It was a family dinner / my friend’s 21st birthday.
   c. Where was the dinner? We had the dinner at home / in a restaurant.
   d. Who did you sit next to? I sat next to Lucas / Sofia.
   e. What did you eat? I ate a big bowl of pasta / cheese pizza.
   f. Did you have a good time? It was a really fun evening / strange evening.

2. Tell your partner about the last time you had a great dinner.
   Ask yourself the questions in Exercise 1. Think about what to say and how to say it.
   - The last time I had a great dinner was...
LANGUAGE FOR LIFE

1 Listen to a conversation between a server (S) and a customer (C).
   a What does the customer want?
   b How much does he pay?

2 Complete the conversation with the words in the box. You can use the words more than once.
   I'd like to _______ brown bread or white bread, butter or mayonnaise, mustard or ketchup.
   S: Okay. That's _______ dollars, please.
   C: _______ something to drink?
   S: Yes… orange juice, water, coffee…
   C: _______ you like something to drink?
   S: _______ you like something to drink?
   C: Yes… orange juice, water, coffee…
   S: No, thanks.
   C: Er, _______ you like something to drink?
   S: Sorry. Could you speak more slowly, please?
   C: Sorry. Let's start again. Would _______ like _______ bread or _______ bread?
   S: Brown bread, please.
   C: _______ you like butter or mayonnaise?
   S: Butter, please.
   C: _______ you like _______ or ketchup?
   S: Mustard, please.
   C: _______ you like something to drink?
   S: _______ you like something to drink?
   C: Yes… orange juice, water, coffee…
   S: No, thanks.
   C: _______.

3 Listen and repeat the expressions.
   a I'd like a ham and cheese sandwich, please.
   b Would you like brown bread or white bread?
   c Could you speak more slowly, please?
   d Would you like something to drink?

4 Work with a partner. Write and practice a new conversation with the following information:
   a a chicken sandwich
   b brown bread
   c mayonnaise and ketchup
   d ten dollars

Life Skills: Influencing
Healthy Living
1 Imagine a friend is eating unhealthily - and you are worried about their lifestyle.
   What do you do?
   □ Don’t say anything.  □ Tell them to stop.  □ Encourage them to eat better.
2 What different food or drink do you suggest? Make a list.
3 Now use the expressions below to give your suggestions.
   Why don’t you try eating/drinking…?
   What about…?
   How about…?

Try to influence a friend.

Vocabulary Extra

Food

1 Match the pictures with the food in each group.
   A Fruit
   an apple
   a banana
   grapes
   a lemon
   a mango
   an orange
   a pear
   _______ strawberries
   B Vegetables
   beans
   a carrot
   corn
   garlic
   mushrooms
   broccoli
   a pepper
   a tomato
   C Carbohydrates
   bread
   a cake
   crackers
   pasta
   potatoes
   rice
   D Proteins
   cheese
   chicken
   eggs
   fish
   meat
   seafood

2 Work with a partner. Cover the words and look at the pictures. Ask and answer questions.
   What’s this? A mango.  What are these? Grapes.

Focus on prepositions of place

1 Match the pictures with the sentences about the key.
   _______ It’s on the wall.
   _______ It’s in the lock.
   _______ It’s on the table.
   _______ It’s under the rock.
   _______ It’s above the heart.
   _______ It’s next to the plant.

2 Ask your partner questions about the classroom.
   Where’s the clock?  It’s on the wall above the door.